

SO LONG

Choreographed by Judy McDonald

Description: 32 count, 4 wall, Cha Cha

Level: Novice

Music: 'Why's It Feel So Long' by Keith Urban (115 BPM)

Official UCWDC competition dance description

Date of usage 3 June 2010

1-9: TOUCH, ROCK FORWARD, RECOVER, SIDE ROCK & CROSS, FULL TURN RIGHT, TRIPLE SIDE RIGHT

- 1 Touch left forward
- 2-3 Rock left forward, recover on right
- 4&5 Left side rock & cross
- 6-7 Full turn right (stepping right, left)
- 8&1 Triple side right (right, left, right)

10-17: ROCK FORWARD, RECOVER, TRIPLE TURN BACK, SYCOPATED ROCKS BACK, SIDE, FRONT, STEP SIDE

- 2-3 Rock left forward, recover on right
- 4&5 Triple full turn left back (stepping left, right, left)
- 6&7& Rock right back, recover left, rock right side, recover left
- 8&1 Rock right forward, recover left, large step side right

18-25: DRAG, ¼ TURN LEFTSTEP, TRIPLE FORWARD, FULL TURN, ROCK FORWARD, RECOVER, STEP SIDE

- 2-3 Drag left to right, step left beside right making ¼ turn left
- 4&5 Right triple forward (right, left, right)
- 6-7 Step left forward, 1 full turn right on left foot and step right forward
- 8&1 Rock left forward, recover on right, step left to side

26-32: ROCK BACK, RECOVER, TOUCH, SIDE STEP, DRAG, STEP

- 2-3 Rock right back, recover on left
- 4-5 Touch right beside left, large step side right
- 6-7 Drag left to right for two counts
- 8& Step left beside right, step right back

Restart

On 3rd wall do count 1 to 17 (right side step) then restart the dance on count 2 with the 'rock left forward'

Tag

After the restart do the dance 1 more time (starting facing 6:00) then on the next wall (starting facing 9:00) do counts 1 to 32 (don't do the & at the end) and repeat counts 29-32& and restart the dance, do the same thing on the next wall (starting facing 12:00)