

SISTER KATE

Choreographed by Ria Vos

Description: 32 Count, 4 wall, Novelty

Level: Newcomer

Music: 'Sister Kate' by The Ditty Bops) (102BPM)

Official UCWDC competition dance description

Date of usage 3 June 2010

1-8: TOE STRUTS RIGHT & LEFT, KICK-BALL-STEP, PIVOT TURN ½ RIGHT, TURN ¼ RIGHT AND STEP SIDE, POINT BACK, KICK-BALL-CROSS

1&2& Step right toe forward, drop right heel, step left toe forward, drop left heel (shimmy shoulders)

3&4 Kick right forward, step right together, step left forward

5 Turn ½ right (weight to right)

6-7 Turn ¼ right and big step left to side, point right back *Option: throw arms left*

8&1 Kick right diagonally forward, step right together, cross left over right

9-16: HEEL JACK WITH HEEL GRIND, ROCK BACK, REC., TOUCH, KNEE SPLIT, KICK-OUT-OUT

&2 Step right slightly to side, touch left heel diagonally forward

&3& Step left together, cross right heel over left, step left to side

4-5 Rock right back (sticking bum out), recover to left

&6& Touch right together, split knees apart, bring knees together

7&8 Kick right forward, step right to side, step left to side

17-24: SWIVELS, TOE STRUTS BACKWARDS, COASTER STEP, TRIPLE FULL TURN RIGHT

1& Swivel left heel to left and right toe to right, recover to center

2& Swivel right heel to right and left toe to left, recover to center

3&4& Step right toe back, drop right heel (*option: click fingers right*), step left toe back, drop left heel (*option: click fingers left*)

5&6 Step right back, step left together, step right forward

7&8 Turn ½ right and step left back, turn ½ right and step right forward, step left forward

25-32: PIVOT TURN ¼ LEFT TWICE, CHARLESTON STEP

1-2 Step right forward, turn ¼ left (weight to left)

3-4 Step right forward, turn ¼ left (weight to left)

5-6 Touch right forward, step right back

7-8 Touch left back, step left forward

TAG

After wall 1 (3:00), 3 (9:00) and 6 (6:00)

1-4 Repeat last 4 counts (Charleston step)

ENDING

You will end on count 16 (kick-out-out). Turn ¼ left after the kick, so the out-out steps will be facing front (12:00)