

JR DROP

Choreographed by Rachael McEnaney & Jessica Langstaff

Description: 48 count, 2 wall, Funky

Level : Intermediate

Musique: 'Move, Shake, Drop' by DJ Laz feat Pitbull & Flo Rida (127BPM)

Official UCWDC competition dance description

Date of usage 21 August 2009

1-8: DANCE STARTS WITH FEET APART! TWIST RIGHT, TWIST LEFT, TWIST RIGHT TWICE, BALL CROSS, ¼ TURN, RIGHT SIDE SHUFFLE

- &1&2 Twist right heel in towards left, return right heel to place, twist left heel in towards right, return left heel to place
- &3&4 Twist right heel in towards left, return right heel to place, twist right heel in towards left, return right heel to place
- &5-6 Step left slightly back, cross right over left, make ¼ turn right stepping left back (3:00)
- 7&8 Step right to side, step left together, step right to side

9-16: HITCH LEFT, STEP LEFT, HITCH RIGHT WITH ½ TURN, STEP RIGHT, TWIST INTO ¼ TURN RIGHT, SCOOT BACK, COASTER STEP

- 1-2 Hitch left leg (styling throw right arm across over left leg), step left to side
- 3-4 Hitch right leg as you make ½ turn right on ball of left, step right to side (9:00)
- &5 Twist upper body to left, make ¼ turn right stepping right forward (take all weight onto right almost like a stomp) (12:00)
- 6 Scoot (jump/hop) right back as you kick left forward, (easy option would just be to kick left forward)
- 7&8 Step left back, step right together, step left forward

17-24: STEP RIGHT, LEFT, ROLLING VINE RIGHT INTO SLIDE, HOLD, ¼ SAILOR STEP LEFT

- 1-2 Step right to side, step left to side (feet shoulder width apart)
- 3-4 Make ¼ turn right stepping right forward, make ½ turn right stepping left back (9:00)
- 5-6 Make ¼ turn right as you take a big step to right side, slide left towards right (hold no weight change) (12:00)
- 7&8 Cross left behind right, make ¼ turn left stepping right next to left, step left forward (9:00)

25-32: RIGHT KICK HOOK KICK, LEFT KICK HOOK KICK, RIGHT JAZZ BOX WITH ¼ TURN

- 1&2& Kick right forward, hook right in front of left shin, kick right forward, step right together
- 3&4& Kick left forward, hook left in front of right shin, kick left forward, step left together
- 5-8 Cross right over left, step left back, make ¼ turn right stepping right forward, step left to side (12:00)

33-40: ROCK FORWARD & SIDE, SAILOR ¼ TURN RIGHT, ROCK FORWARD & BACK, STEP FORWARD, HEEL TWISTS WITH ½ TURN

- 1&2& Cross rock right over left, recover onto left, rock right to right side, recover onto left
- 3&4 Cross right behind left, make ¼ turn right stepping left next to right, step right forward (3:00)
- 5&6& Rock left forward, recover onto right, rock left back, recover onto right
- 7&8 Step left forward, make ¼ turn right as you twist right heel to left, make ¼ turn right as you twist left heel to left (9:00)

41-48: RIGHT COASTER STEP, HITCH WITH LEG CIRCLE INTO ¼ TURN LEFT, JUMP FEET IN THEN OUT, 3 JUMPS FORWARD

- 1&2 Step right back, step left together, step right forward
- 3-4 Hitch left leg making a circle action with leg to the left as you make a ¼ turn left on ball of right, step left to side (6:00)
- &5 Jump both feet in closing together, jump both feet out
- 6-8 With feet still apart jump forward 3 times (these jumps are more like chugs forward try not to take feet off floor and keep head same height)