

ANITA'S WALTZ

Choreographed by Anita Zwiers & Michel Platje

Description: 60 counts, 2 wall with bridge (Rise & Fall)

Level: Advanced

Music: 'Angels Cried' by Alan Jackson & Allison Krauss (92 BPM)

*Official UCWDC competition dance description
Date of usage 15 March 2010*

1-6: Full turn ronde, left check

- 1 RF step forward
- 2 Start Full turn over right shoulder Sweep LF from front to back
- 3 End Full turn LF crossed over RF
- 4 LF cross over RF
- 5 RF Recover weight
- 6 LF step back

7-12: Twinkle backwards. 1 1/2 turn locked ended

- 1 RF step diagonal backwards
- 2 LF step next to RF
- 3 RF step diagonal backwards
- 4 LF step back
- 5 RF step 1/2 turn right
- & LF step 1/2 turn right
- 6 1/2 turn both feet weight ending on LF (6.00)

13-18: Sweep, backward lunge

- 1-3 RF sweep from front to back
- 4-6 RF step behind LF, pose (7.30)

19-24: Twinkle 3/8 turn, full heel turn

- 1 LF step diagonal forward
- 2 RF step next to LF
- 3 LF step 3/8 turn left (3.00)
- 4 RF step forward
- 5 LF next to RF full heel turn over left shoulder
- & RF step forward
- 6 LF step forward

25-30: Forward check, grapevine

- 1 RF cross over LF
- 2 LF recover weight
- 3 RF step to right side
- 4 LF cross over RF
- 5 RF step to right side
- 6 LF cross behind RF

31-36: Side step, Drag

- 1 RF step to right side
- 2-3 LF drag next to RF
- 4 LF step to left side
- 5-6 RF drag next to LF

37-42: Cross,full turn, step 1 1/2 turn

- 1 RF cross over LF
- 2-3 Full turn over left shoulder
- 4 LF step 1/4 to left side
- 5-6 Full 1 1/4 turn over left shoulder (9.00)

43-48: Twinkle, Basic forward

- 1 RF step diagonal forward
- 2 LF step next to RF
- 3 RF step diagonal forward
- 4 LF step forward towards 3.00
- 5 RF step next to LF
- 6 LF step back

49-54: Cross behind 1 3/4 turn Grapevine

- 1 RF lock behind LF
- 2-3 Full turn over right shoulder (3.00)
- 4 RF cross over LF
- 5 LF step to left side
- & RF cross over LF
- 6 LF step to left side

55-60: Knee bend, point, recover full turn

- 1 LF bend knee
- 2-3 start lowering whilst pointing RF to right side
- 4 LF stretch left leg
- 5-6 Full turn right weight on left leg (6.00)

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Bridge after 2nd wall

1-6: Forward, rock step

- 1 RF step forward
- 2 LF step forward
- & RF lock behind LF
- 3 LF step forward
- 4 RF rock forward
- 5 LF recover
- 6 RF cross behind LF

7-12: 5/8 turn, basic side step

- 1 5/8 turn over right shoulder (7.30)
- 2 RF step forward
- 3 LF step forward
- 4 RF step backwards
- 5 LF step 1/8 to left (6.00)
- 6 RF step forward

13-18: Forward check, drag

- 1 LF cross over RF
- 2-3 Pose
- 4-6 Drag RF behind LF Whilst doing this rise up

19-24: Twinkle backwards, 1 1/2 Ronde

- 1 RF step diagonal backwards
- 2 LF step next to RF
- 3 RF step diagonal backwards
- 4 LF 1/2 turn step back over left (12.00)
- 5-6 Start ronde 1 turn (12.00)