

Swish!

Choreographed by Giovanni Coenmans (NL)

Description: 72 counts (ABC), 1 wall, Street

Level: Advanced

Music : 'Swish Swish' - Katy Perry Ft Nicki Minaj (Special Edit 120 BPM) - Non-Country

Sequence: ABC, ABC, ABC, A

Official UCWDC competition dance description

Date of usage 2 August 2018 to August 2019

PART A: 32 COUNTS

1-8 STEP, JUMP, KNEE FLEX, KICK & TAP

- 1 Step RF fwd, L arm across body and pointed down
- 2 Jump both feet out, LF to L, RF to R, cross arms in front of body, pointed down
- 3 R knee flex in, Right arm mimics R knee, palm open, L arm out to L
- & R knee flex out, Right arm mimics R knee, flex arm out
- 4 R knee flex in, Right arm mimics R knee, flex arm in
- 5 Slide on LF, kick RF fwd, L arm up, R arm pointed down, bent at elbow
- & Step RF to R, switch arms
- 6 Point LF behind R, switch arms
- 7 Tap LF to L, R arm across body, L arm pointed down
- & Lower L heel, pull arm back to body
- 8 Step LF to L, circle R arm to R

9-16 SAILOR STEP, PIROUETTE, WALK BACK 2X, OUT-OUT

- 1 Step RF behind LF, prep arms for turn, R arm into chest
- & Step LF to side L, L arm in to chest, R arm out
- 2 Replace RF to R, prep for pirouette
- 3 Lift LF to R knee
- 4 Full pirouette L, both arms together in front of chest for momentum for turn
- 5 Walk back on RF, L arm to shoulder, R arm out
- & Switch
- 6 Walk back on LF, switch
- 7 Step RF to R, R arm behind head, L arm in front
- & Switch arms, no weight change
- 8 Step LF to L, switch arms

17-24 CHEST POPS, SHOULDER ROCKS, WALKS, KNEE POPS

- 1 Bend knees, chest contraction, both arms pointed to floor
- & Straighten knees, chest expansion, pull arms
- 2 Bend knees, chest contraction
- & Straighten knees, shoulder rock L
- 3 Bend knees
- & Straighten knees, shoulder rock R
- 4 Bend
- 5 Walk back R, fingertips of R hand in palm of L
- 6 Walk back L, row arms R
- 7 Walk back R, row arms L
- & Lift heels, row arms R
- 8 Lower heels, weight on L, arms up down in front of chest

25-32**OUT & OUT, ARMS, TWIST TURN 2X**

- 1 RF fwd, R arm down, pointed to floor
 & Step LF fwd and out to L, L arm down, cross over R, pointed to floor
 2 Step RF fwd and out to R, R arm pointed up and bent at elbow
 3 Tap ball of RF, R arm across chest
 & Step on RF, R arm to side R
 4 Tap ball of LF, R arm down to side, L arm pull to armpit
 5 Step ball of RF behind L, prep, L arm starts circle to overhead
 6 Twist turn R, bring R arm up and arms over head
 7 1 ½
 8 Times (Facing 6:00)

PART B: 32 COUNTS**1-8****(DANCED ON LYRICS) ½ TURN, STEP INTO RELEVÉ, DEMI PLIÉ, PREP FOR TURN**

- Touch R toe back (12:00), R arm follows R foot to circle to front, no lyrics, count 1
 ½ turn R, L arm follows to complete circle, no lyrics – count 2 3, both arms face in front of chest
 Step RF into full relevé, R arm down to L hip, circle, “keep...”
 Lower into demi plié on LF, R arm down to L hip, circle, “calm”
 Step into full relevé on RF, R arm up to R, “...hon...”
 Step onto RF, in place, R arm down to L hip, “...ey...”
 Step on LF, “I’m”
 Torque to R, “a”
 Step on LF, arms torque to R, “stick”

9-16**FULL TURN, 2 WALKS FORWARD, SYNCOPATED MAMBO TURN, COASTER STEP**

- Full turn over R shoulder, drag R toe behind LF, this happens on the word “around”
 Finish
 Step fwd on RF, “boys”
 Step fwd on LF, “in”
 Step fwd on RF, happens on “...a...”
 Full turn L, step on LF, “minute”
 Step back on R, “...get...”
 Step back on LF, “...used...”
 Step forward on RF

17-24**SIDE ROCKS, FULL TURNS 2X**

- 12 Side rock LF, on “...to it...”, Recover to RF
 34 Full turn, R, Finish on LF
 56 Side rock RF, Recover onto LF
 78 Full turn, L, Finish on LF

25-32**2 WALKS FORWARD, SYNCOPATED MAMBO, COASTER STEP, POINT 2X**

- 12 Step fwd on RF, Step fwd on LF
 3&4 Step fwd on RF, Recover to LF, Step back on RF
 5&6 Step back on LF, Step together on RF, Step fwd on LF
 7&8 Point R toe to R, hands down (pumping action), Step RF next to LF, hands up to center
 Point LF to L, hands down

PART C - 8 COUNTS, CHOREOGRAPHY OF YOUR CHOICE!